

Schedule of Events
Carpinteria Junior Lifeguard Competition
 July 12th, 2024

A's: Ages 14-17		B's: Ages 12-13	
9:00AM	DISTANCE PADDLE		DISTANCE PADLE
9:30AM	DISTANCE RUN		RUN-SWIM-RUN
10:00AM	DISTANCE SWIM		BEACH FLAGS
10:30AM	RUN RELAY		BEACH FLAGS CONT.
11:00AM	RUN-SWIM-RUN		DISTANCE SWIM
11:30AM	PADDLE RELAY GIRLS		RUN RELAY
12:00PM	PADDLE RELAY BOYS		DISTANCE RUN
12:30PM	BEACH FLAGS		PADDLE RELAY GIRLS
1:00PM	BEACH FLAGS CONT.		PADDLE RELAY BOYS

C's: Ages 9-11		Mini's: Ages 7-8	
9:00AM	DISTANCE PADDLE		BEACH FLAGS
9:30AM	RUN RELAY		BEACH FLAGS CONT.
10:00AM	RUN-SWIM-RUN		DISTANCE RUN
10:30AM	PADDLE RELAY GIRLS		DISTANCE SWIM
11:00AM	PADDLE RELAY BOYS		RUN RELAY
11:30AM	BEACH FLAGS		RUN-SWIM-RUN
12:00PM	BEACH FLAGS CONT.		WATER FLAGS
12:30PM	DISTANCE SWIM		DODGEBALL TOURNAMENT
1:00PM	DISTANCE RUN		

Carpinteria Competition Rules

Distance Paddle: Three boys and three girls in each age division can participate in this event. The start point will be the red buoy in front of Tower 3 (Ash Beach). The finish points will vary depending on division. We will first send all of the girls with a staggered start, grouped by division. After the girls have completely finished, and boards have been returned to the boys, we will send all of the boys with a staggered start, grouped by division.

A's – 10'6" hard board

B's – 10'

C's – 9'

*In the event of a tie, the competitors will re-race against one another for the place

Paddle Relay: is composed of one official team of six girls and one official team of six boys. We will also conduct an unofficial race at the same time as the official event. Each agency may have one unofficial team of six (they may also be co-ed). The paddlers will right shoulder the buoys designated for their course. Two lines will be drawn in the sand to represent the hand off zone. After the nose of the board has crossed the line closest to the water, the exchange can then be made. The last paddler must wear a shirt or rash guard. The last paddler must cross the line with board in hand to receive a place.

A's – 10'6" hard board

B's – Boys and Girls 9 feet or smaller SOFT boards

C's – Boys and Girls 9 feet or smaller SOFT boards'

Run Relay: One official team of six boys and one official team of six girls. We may also run unofficial heats-each agency will be allowed one team of six boys and one of six girls, or a combination of boys and girls, for the unofficial heats. We will run the unofficial heats after the official heats. The competitors' feet must be behind the start line before the race and before each baton exchange. If a competitor knocks over the cone, he/she must pick up the cone. The Head Judge for the event will determine lane assignments by having an instructor from each team draw a stick, numbered accordingly,

with the first lane starting high. The cones shall be shouldered from high-to-low. The anchor runner must wear a shirt or rash guard. In case of a tie the teams will re-race to determine the place. If any of the above rules are not followed, the result will be a DQ.

Beach Flags: Each agency will have 10 girls and 10 boys competing in each division. When lying down, the competitors must be in flag position (fingers laced under their chin and heels touching.) The competitors will be placed in multiple heats. As the heats get smaller we will start combining them until we have one final heat. The last eight competitors will draw sticks for their lanes. The start of the heat will be on the command **‘competitors ready, heads down, and the blow of a whistle.’** The first false start of a

heat will be charged to the line, and the second will be charged to the individual and result in a DQ.

The competitors must go for the flag directly in front of them or one lane to the right or left. Crossing of more than two lanes will result in a DQ. If there is a tie for a flag we will immediately hold a run-off for the flag. If there is any foul play or unnecessary roughness, the competitor responsible will be DQ’ed.

Distance Run / Distance Swim / Run-Swim-Run:

All JG’s are welcome to compete in any or all of these events. The distances will vary depending on age division. We will run these events with two heats. One heat will consist of the boys, and the other, the girls.

Minis Dodgeball Tournament (unofficial)

Each team will consist of 15 members. Two teams will play against each other. Each team will start at the end of the court with their toes behind the line at the start. At the start by the head judge, they will be able to race towards the balls in the center. Competitors may exit the field to chase a rogue ball or if they have been hit. They may not cross the center line. The player is “out” if they are hit by a ball before it hits the ground. Head shots will not count. If the player catches a ball before it hits the ground, the thrower is out, and another member of the team who caught the ball may reenter the game. The game will conclude when all members of one team are out.

Minis Water Flags (unofficial)

Each agency will enter 10 boys and 10 girls. When lying down, the competitors must be in flag position (fingers laced under their chin and heels touching.) The competitors will be placed in multiple heats. As the heats get smaller we will start combining them until we have one final heat. The last eight competitors will draw sticks for their lanes. The start of the heat will be on the command **‘competitors ready, heads down, and the blow**

of a whistle.’ The first false start of a heat will be charged to the line, and the second will be charged to the individual and result in a DQ.

The competitors must go for the flag directly in front of them or one lane to the right or left. If there is a tie for a flag we will immediately hold a run-off for the flag. If there is any foul play or unnecessary roughness, the competitor responsible will be DQ’ed.

All events: The starter/head JG instructor for each event will be the judge of that event. All rule decisions and interpretations are his/her call. We promote good sportsmanship, the use of bad language, grabbing, pushing, tripping, or shoving will result in a disqualification. We require that each participant have their age division and team abbreviation marked on their left shoulder. We strongly encourage all Junior Guards to wear beanies representing their agency when competing in any and all events.

Directions to Carpinteria Competition, Holly St. Carpinteria

Directions from 101 North: Take Highway 101 North. Exit Casitas Pass Road, take left. Turn right onto Carpinteria Ave., at Linden Ave. make left. Turn right on Sandyland Road, park on Sandyland near Holly Ave.

Directions from 101 South: Take Highway 101 South. Exit Linden Ave. Make right onto Linden Ave. Turn right onto Sandyland Road, park on Sandyland near Holly Ave.

Carpinteria Competition 2023

Distance Paddle

Girls 1. _____
2. _____
3. _____

Boys 1. _____
2. _____
3. _____

Run Relay

Girls 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Boys 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Paddle Relay

Girls 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Boys 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Paddle Relay - Unofficial

A 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

B 1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Flags

Girls 1. _____
2. _____
3. _____
4. _____

Boys 1. _____
2. _____
3. _____
4. _____

5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Taplin

- Girls**
1. _____
 2. _____
 3. _____

- Boys**
1. _____
 2. _____
 3. _____

Paddle Relay - Unofficial

- A**
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____

- B**
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____

Paddle Relay - Unofficial

- C**
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____

- D**
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____

Run Relay - Unofficial

- A**
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____

- B**
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____

Run Relay - Unofficial

- C**
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____

- D**
1. _____
 2. _____
 3. _____
 4. _____
 5. _____
 6. _____