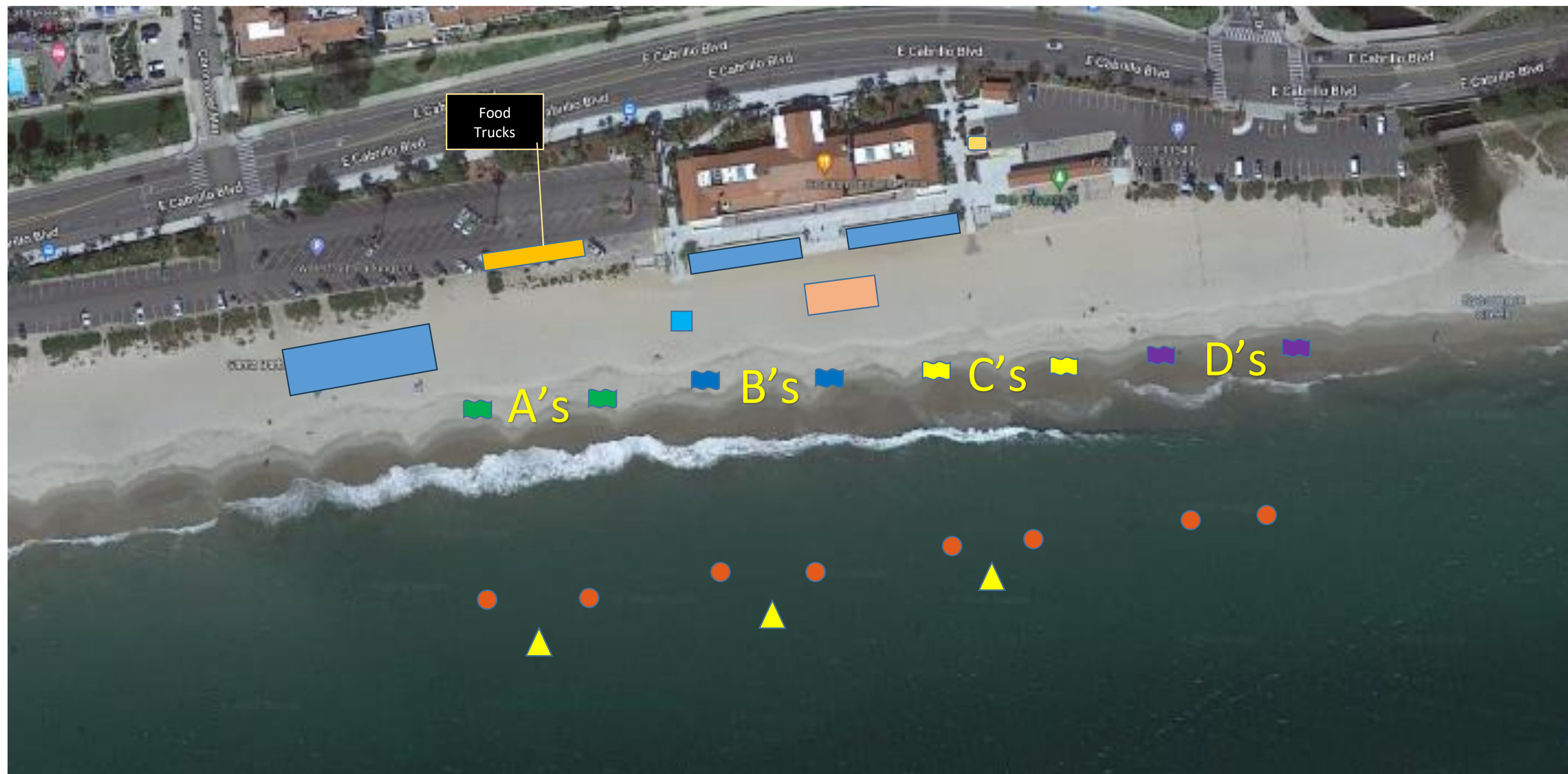
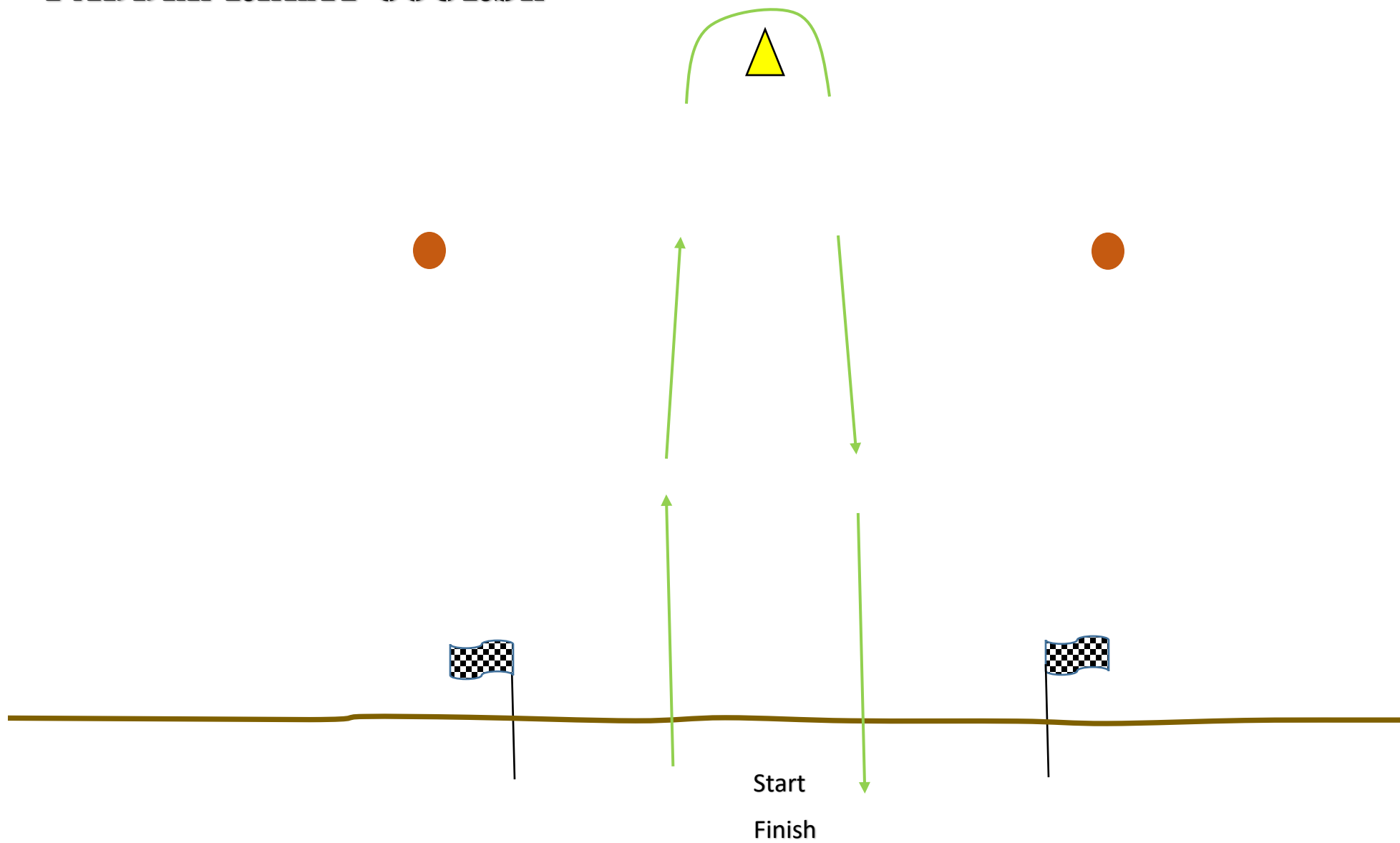
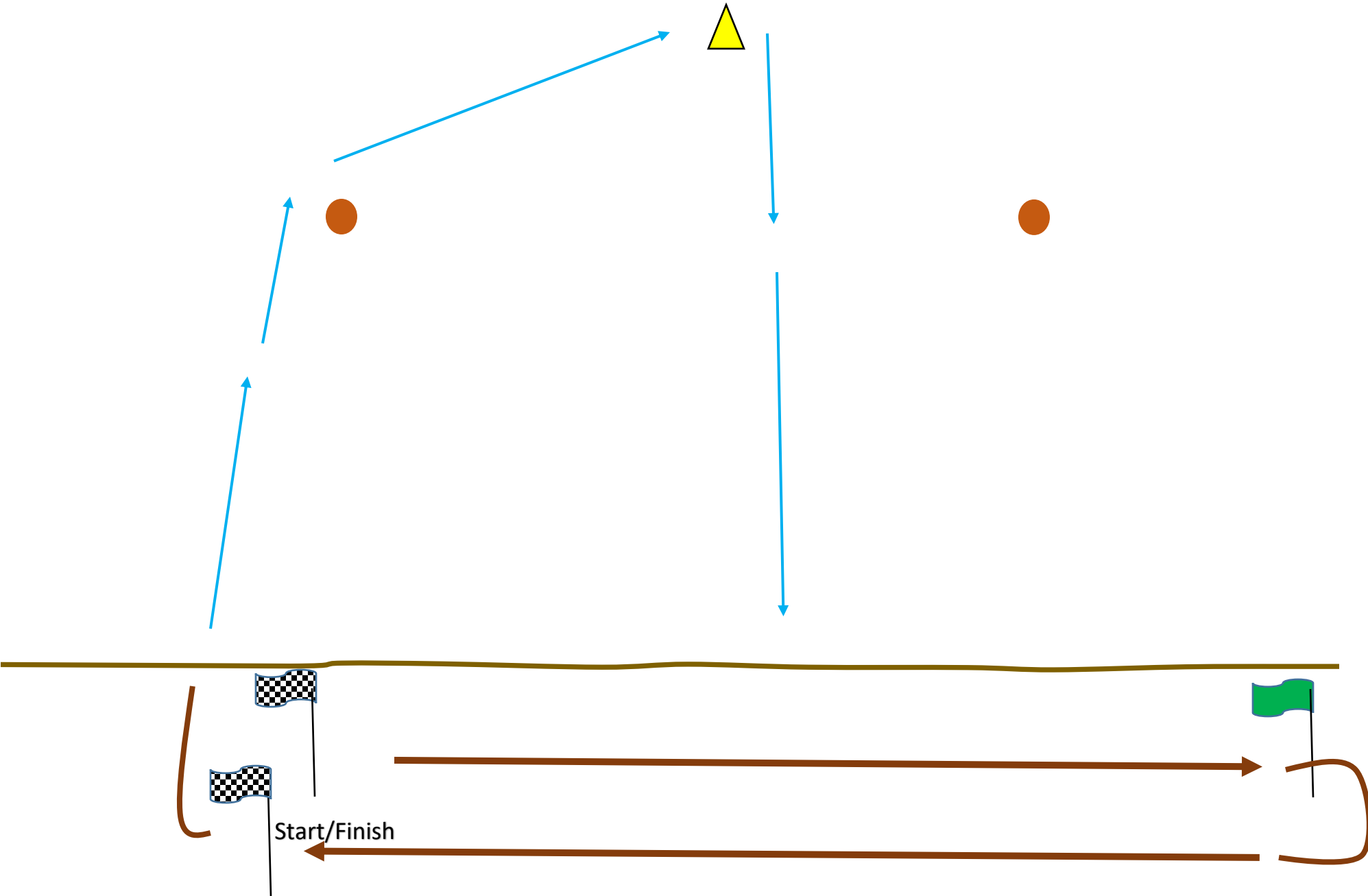




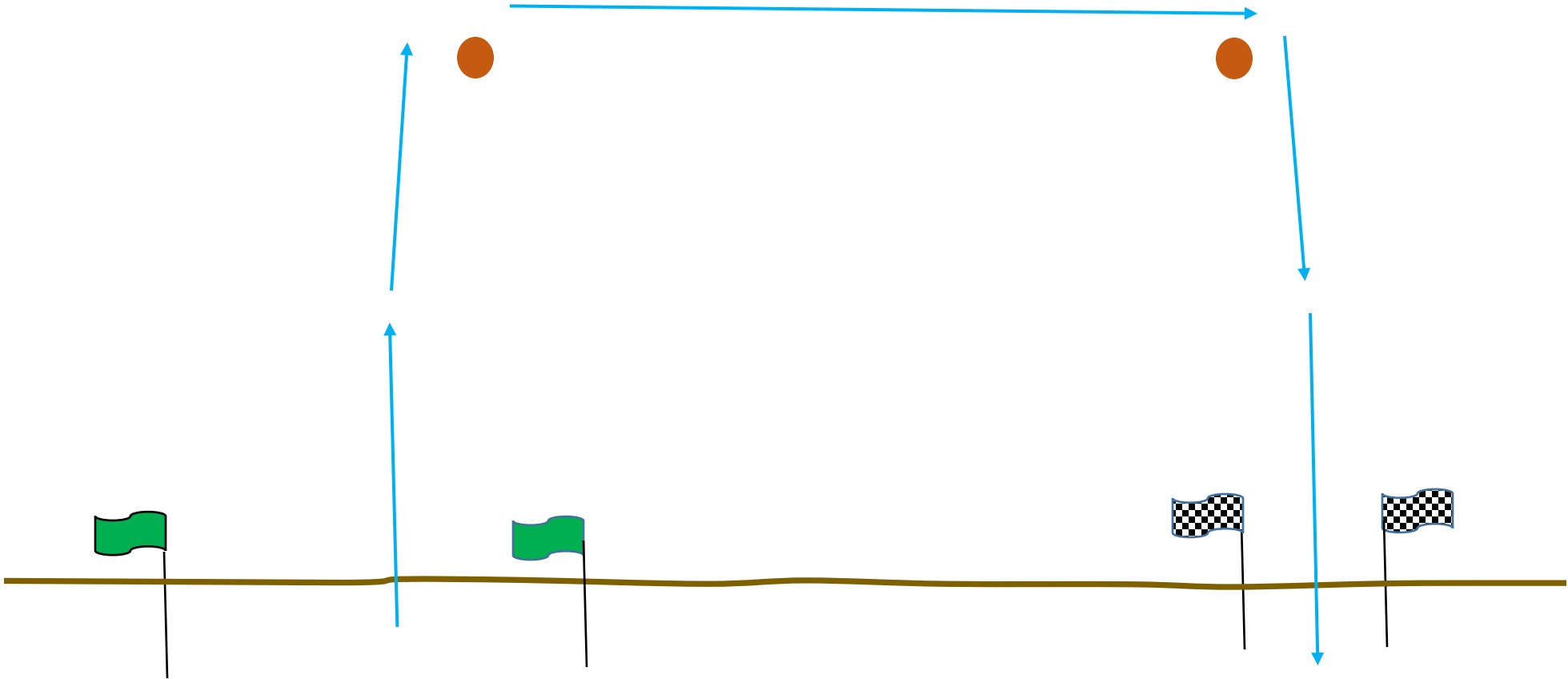
# PADDLE RELAY COURSE



# RUN/SWIM/RUN COURSE

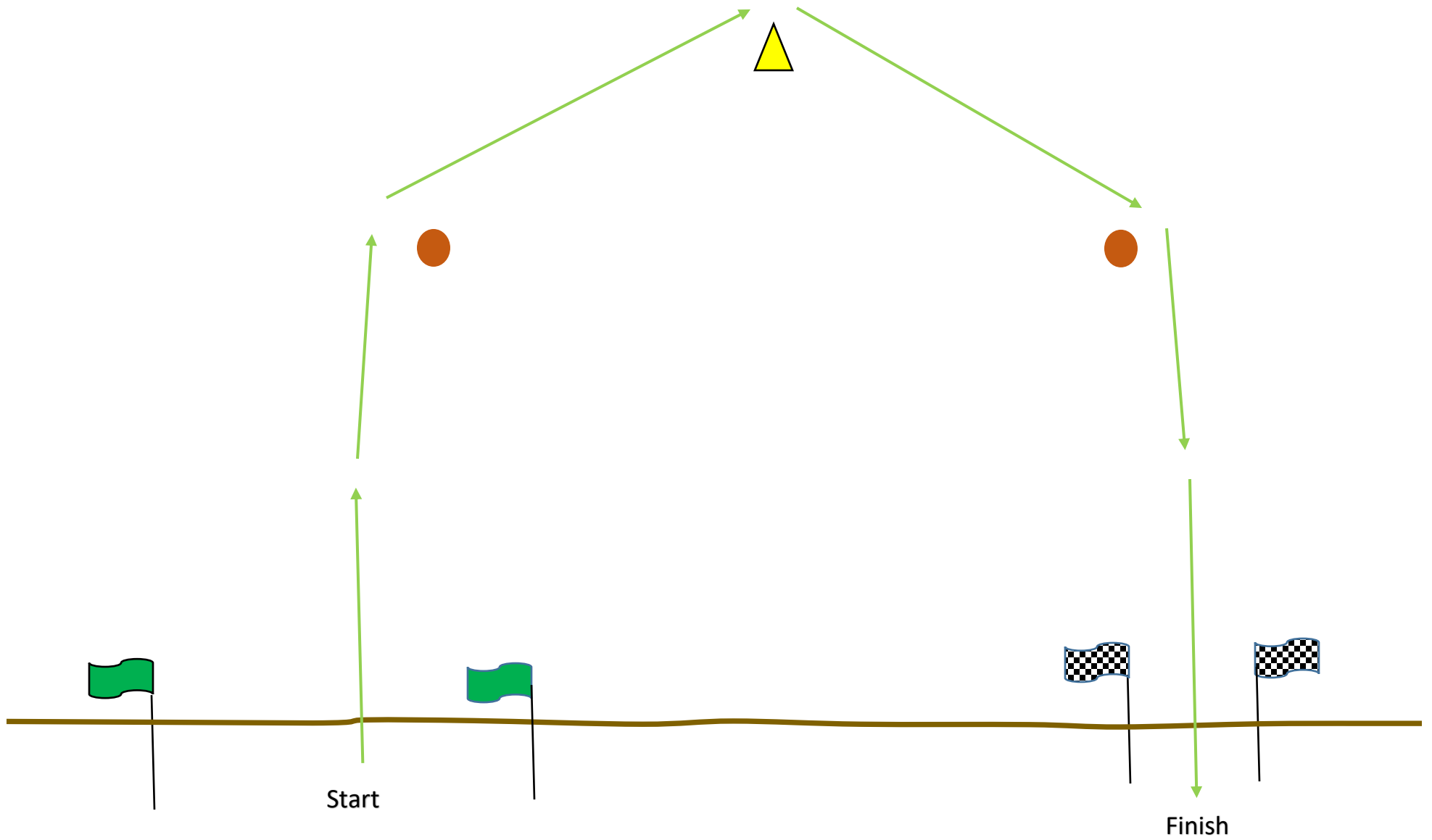


# LONG SWIM COURSE



Start

Finish



## **DISTANCE PADDLE COURSE**